

# Mental Health Transition Pathways Project

Research and consultations with physicians (particularly community pediatricians) throughout BC in 2015-2017 suggested that experiences for mental health patients do not meet the needs of patients or the physicians. The consultations were a key part of the project, [Transitioning Patients from Community Pediatricians into Adult Care](#), funded by Specialist Services Committee (SSC) and hosted by the BC Pediatric Society.

Discussion in the BCPS province-wide consultations consistently raised physician needs to access and understand services for patients with mental health disorders, e.g. how the services work, criteria for the services, gaps, access issues - and frustration when barriers are encountered.

This 2018-2019 project aims to address such challenges by developing theoretical “pathways to care” for mainly complex patients with mental health diagnoses who are commonly managed by community pediatricians, and by reviewing those pathways with practitioners.

[Click Here](#) to become involved in the development of project resources

- Fall 2018 - Province-wide consultations with community pediatricians and family physicians to identify common patient profiles requiring mental health services
- Spring 2019 - Interviews with community pediatricians, family physicians and other professionals to identify appropriate pathways for each condition.

## **Project Advisory Committee Members include:**

- Community Pediatricians and General Practitioners (rural, urban)

- Child and Youth Mental Health Community of Practice
- Canadian Mental Health (BC Division)
- Federation of Community Social Services of BC
- First Nations Health Authority
- Ministry representatives (Ministry of Mental Health & Addictions, Ministry of Health and Ministry of Children and Family Development [Policy & Field])
- Ministry of Social Development and Poverty Reduction (STADD)
- OnTrac / CEO/Founder/Medical Director Tickit Health