BCPS Resources to Support Transition/Transfer from Pediatric to Adult Care



The following sections demonstrate how the BCPS transition/transfer resources can support you as a Community Pediatrician prior to and at the time transfer of youth with chronic health conditions to adult care. These suggestions assume use of the BCPS Medical Transfer Summary (MTS). However, resources can be used in various situations to meet unique needs of individual Community Pediatricians.

01

EARLY IN THE TRANSFER PROCESS (2-3 years before planned transfer)

- When introducing the patient/family to the transition/transfer process, highlight various sections in the BCPS Transition Medical Transfer Summary (MTS) to be completed over time in preparation for transfer. <u>MTS</u>
- Your introduction also provides an opportunity to refer the family to ON TRAC resources. <u>ON TRAC</u>
- You could provide the family with a copy of the BCPS (MTS) Patient/Family Information Section with a heads-up that you may eventually ask them to fill this out (or it may be more appropriate for you to fill it out in consultation with the family). <u>MTS</u>
- If the patient doesn't have a Family Physician, you could assist the family in locating one. You could also confirm that the Family Physician is willing to take on patients at the time of transfer. See Transition Tools, Section 3
- Consider the role you and sub-specialists will play in the transition/transfer process. (See (MTS) page 1, Adult Healthcare Team.) <u>MTS</u>



02

AS TIME OF TRANSFER NEARS

- Remind the family about the Family Section of the (MTS), as you will be asking them to provide information requested in that section, e.g., Special Considerations such as Benefit Status. Where processes may take time, you could suggest that families get started on them now, e.g., disability pension. MTS
- Locate a Family Physician (if not accomplished already) and/ or Adult Specialists. See Transition Tools, Section 3

ACRONYM REFERENCE LIST:

<u>MTS</u>: BCPS Transition Medical Transfer Summary <u>ON TRAC</u>: ON TRAC

BCPS resources can also be accessed by visiting the BCPS website: www.bcps.ca; click Physicians then Programs and Resources then Transition/Transfer of Patients. 03

AT TIME OF TRANSFER

- Re-confirm (or locate) Family Physician and Adult Specialist(s).
 Confirm with the patient/family that an appointment has been booked. See Transition Tools, Section 3
- Discuss plans for mental health care if needed when the patient ages out. Visit the <u>BCPS Transition and Transfer of Patients</u> website.
- Discuss all care providers and services needed, e.g.,
 occupational and physical therapists, dietitians, equipment:
 - Use the (MTS) to review the Adult Healthcare Team with family. <u>MTS</u>
 - Refer patient/family to BCPS lists of community resources to support families in the present and future, and to the ON TRAC Timeline for suggested activities at this point in the transition process. <u>See Transition Tools</u>, <u>Section 5</u> & <u>ON</u> <u>TRAC</u> (Search ON TRAC Timeline)
- Assist family in filing out the Patient/Family Information Section of the MTS. <u>MTS</u>
- Finalize and send transfer document(s) to Family Physician and Adult Specialist if applicable.
 - Pediatric FFS can be billed up to the day before 20th birthday. Consult fees, continuing care fees or case conference fee may be applicable. <u>Billing Code</u>
 - Family Physicians can take over prior to this date as appropriate. Please <u>click here</u> for the GPSC billing guide.