

SIP SMART! BC WHAT SIZE IS YOUR DRINK?



XS (extra small) = 125 mL • S (small) 125 - 250 mL • M (Medium) 251 - 400 mL • L (large) 401 - 1 Litre • XL (extra large) > 1 Litre

The BC Award for updates is a partnership between the BC Food & Beverage Industry and the BC Government.

