
School Connections

Here are some ideas for connecting with others in your school:

- Promote learning about healthy drink choices to all students of your school
- Show ways to present key messages of the **Sip Smart! BC™** program outside the classroom
- Build student confidence through opportunities to practice presentation and performance skills

Spread the Word!

- Guide the students to make a class newsletter about sugary drinks. This is an opportunity for them to demonstrate understanding about making healthy drink choices.
- See next page for a ready-to-use newsletter template.
- Organize 6 groups and have each group create 1 of the sections.
- Post finished newsletter in the school.

More Ways to Spread the Word!

- Display sugar charts and graphs from *Graph the Results* and *Snack Check* activities around the school.
- Post the finished drink ads in a high traffic area of the school.
- Let the students vote on which drink ad convinced them most, graph the results, and post the graphed results.

“Tooth” Experiment, Part III

- Put the results of the “Tooth” Experiment on display in a public space like a hallway, so that the other classes can observe the experiment results too.
- Display each of the tooth samples next to a picture or an empty container of the beverage in which it was immersed.

Healthy Choices

- Expand the role playing activity “Role” With It! or the skits from *Water - A Bestseller* and present it to the rest of the school during an assembly.

Health Tip

- Have students write a health tip for the monthly school newsletter. For example, it could be a “Did you know?” fact about drinks.

name and header for newsletter



Drinking water tip

news article with illustrations

Did you know? Section

comic strip/news article/school update



news article/school update