Transition/Transfer of Patients to Adult Care
Vancouver Island Health Authority (VIHA) Community Resources Supporting Transition

Please click on the name of a section for direct access:

1. Community Support
2. Developmental Disabilities
3. General Health
4. Mental Health
5. Student Health
6. Transition

Community Support

Please note that resources highlighted in turquoise are for physicians only.

Canadian Red Cross Health Equipment Loan http://www.redcross.ca/how-we-help/community-health-services-in-canada/health-equipment-loan-program	The Health Equipment Loan Program (HELP), a national program of the Canadian Red Cross, provides health equipment to individuals dealing with illness or injury. Thanks to donors, local funders and partners; and with the support of dedicated volunteers and staff, the Health Equipment Loan Programs empower thousands of people each year to live more independently. HELP also plays an important role in the diversion of used equipment otherwise destined for landfill. HELP operates in the provinces of BC, Alberta, Ontario, New Brunswick, PEI, Nova Scotia, Newfoundland and Labrador, as well as the Yukon territory.
Choice in Supports for Independent Living (CSIL)	A self-directed option for eligible home support clients. CSIL clients receive funds directly from their local health authority to purchase and manage their own home support services. The websites below provide information about accessing the program in 4 health regions. Information includes services available, eligibility, cost and how to access the service. Home support services include but are not limited to: community nursing, assisted living, home support and community rehabilitation. **Vancouver Island Health Authority** http://www.viha.ca/hcc/services/choice+in_supports_for_independent_living_csil.htm
Family Support Institute www.familysupportbc.com http://www.familysupportbc.com/family-support	A provincial society that supports ALL families with a family member of any age, any disability (including mental health challenges) at no cost, anywhere in BC: • Social support, networking, information sharing, and emotional support through engaging and connecting families with resource parents/resource family members in their community. • Guides families to the services and supports available in their regions of the province.

	• Workshop training and delivery throughout BC on topics such as transitioning, financial management, family health, career planning and sexual health. • Support for families of youth with a disability who live in: Greater Vancouver, North & South Fraser, North & South Island, Thompson/Okanagan, Kootenays and Northern BC. • An online searchable database for families has over 3000 resources for families already entered and categorized. Visit http://findsupportbc.com/.
For Everything That's Community Health (FETCH) https://www.divisionsbc.ca/provincial/fetch	An online resource list with region-specific websites that help patients and health care providers find information on social and health resources within their own community, including counselling, crisis intervention, employment assistance, and agencies that provide support for various medical conditions. Some FETCH websites also contain lists of family physicians who are taking new patients. Not all Divisions are on FETCH. To see if your community is, visit: https://www.divisionsbc.ca/provincial/fetch

Back to Top

Developmental Disabilities

Asante Centre http://www.asantecentre.org/who.html	The Asante Centre is a not-for-profit organization providing a variety of services related to Fetal Alcohol Spectrum Disorder (FASD), Autism Spectrum Disorder (ASD) and other complex developmental needs. The Centre offers assessment and diagnostic services, family and community support, education and training, research projects, resource development, and more. Download the Asante Centre Brochure Here: http://www.asantecentre.org/_Library/docs/Final_with_Blue_Logo.pdf
Canada Fetal Alcohol Spectrum Disorder Research Network (CanFASD) http://canfasd.ca	CanFASD's unique partnership brings together many scientific viewpoints to address complexities of FASD, with a focus of ensuring that research knowledge is translated to community and policy action. The mission is to produce and maintain national, collaborative research designed for sharing with all Canadians, leading to prevention strategies and improved support services for people affected by Fetal Alcohol Spectrum Disorder. Working in partnership across the country – CanFASD is collaborating with national entities concerned with FASD, including the Public Health Agency of Canada (PHAC), Health Canada and NeuroDevNet. PHAC is the government of Canada agency responsible for public health in Canada and they fund a number of programs and activity related to FASD. Today, CanFASD researchers are currently taking part in almost all of the FASD research projects across Canada that are supported by PHAC. CanFASD researcher are currently leading 25 major projects related to FASD prevention, intervention and diagnostics. CanFASD connects researchers, graduate students and practitioners from communities and institutions across Canada, and internationally. CanFASD is not a funding body nor can it provide direct services.
Canadian Down Syndrome Society (CDSS) **http://cdss.ca/**	Along with 45,000 Canadians who have Down syndrome, 50 local groups, and 12 Affiliate organizations, the Canadian Down Syndrome Society (CDSS) is Canada's voice for the Down syndrome community. The organization began in 1987, the Down syndrome community was just beginning to recognize that incredible progress could be made if people with Down syndrome were supported and given the opportunity to contribute to society. Now, people with Down syndrome can go to school, finish university, find careers, and get married. The goal is to ensure all people with Down syndrome live fulfilled lives and want all Canadians to #SeeTheAbility. Support and advocacy is provided for families and people with Down syndrome through important events like the Canadian

	Down Syndrome Conference, and Go21, as well as resources and information, and more. The organisation is proud to have self-advocacy at forefront of the everyday work through VATTA, steering committee, on what's important to the Down syndrome community.
Developmental Disabilities Mental Health Services	Specialized mental health services for individuals who live with co-existing developmental disabilities and a mental illness, and/or challenging behaviours. Information about referral requirements and eligibility is provided on each Health Authority website: **Island Health (Vancouver Island Health Authority)** http://www.viha.ca/mhas/locations/victoria_gulf/imhst.htm
Inclusion BC http://www.inclusionbc.org/about-us	A provincial non-profit organization dedicated to promoting the participation of people with developmental disabilities in all aspects of community life. Inclusion BC works with a variety of levels of government on issues affecting adults with developmental disabilities, children and youth with special needs, and their families. While the focus is on advocacy at a provincial and national level, at times Inclusion BC is also a voice for individuals. The website provides information about transitional resources and support for people with developmental disabilities, including: • Assistance locating support • Transition planning for families • Links to publications • A comprehensive list of website links (link to http://www.inclusionbc.org/resources/weblinks) to a variety of topics, for example, Advocacy, Disabilities, Education, Financial Planning and Mental Health.
Kids Brain Health Network http://www.neurodevnet.ca/	As a Canadian Network of Centres of Excellence (NCE), NeuroDevNet and its investigators work across traditional disciplinary boundaries with partners and stakeholders in academia, the community and not-for-profit sector, industry and government. Together, ensuring the findings are translated into tangible social, economic and health benefits to society as a whole. This is done through transformative research - engaging in high-impact projects that challenge and advance current understanding. Innovative training opportunities are provided to seed a new generation of Canadian researchers dedicated to the same objectives, and empower communities with tools and information to promote earlier diagnosis, better treatment, and optimal outcomes for children today, and in the future. NeuroDevNet's current research projects focus on autism spectrum disorder, cerebral palsy, and fetal alcohol spectrum

	disorder, sleep, the social determinants of health and health economics, supported by collaboration with Core services in neuroethics, neuroinformatics, and knowledge translation. **Fetal Alcohol Spectrum Disorder Resouces:** http://www.neurodevnet.ca/resources/fasd-resources
Services to Adults with Developmental Disabilities (STADD) www.gov.bc.ca/adultdevelopmentaldisabilityservices	STADD is a partnership among schools and school districts, the Ministry of Children and Family Development (MCFD), Community Living BC (CLBC), WorkBC Employment Service Centres, the Ministry of Social Development and Social Innovation (SDSI), health authorities, the Public Guardian and Trustee and various community organizations. STADD provides eligible individuals and families the service of a STADD navigator. The navigator works to make sure individuals and families have the support of teams made up of representatives of different ministries, agencies, and service providers. STADD is currently operating in Prince George/Haida Gwaii, Nanaimo/Courtenay, Surrey, Kamloops/Merritt and some surrounding communities. The program is expanding across the Fraser Region and is now available in Langley and Delta. A navigator is also based at the Granville Youth Health Centre in Vancouver. For the latest information on where the service is available, please call 1.855.356.5609 or 250.356.5609. Youth between the ages of 16 and 24 may apply for the STADD service. Early access to STADD is encouraged for more effective transition planning. A social worker with the Ministry of Children and Family Development, school teachers or principals, and CLBC staff can also help individuals interested in the program to contact STADD.

Back to Top

General Health

Advanced Care Planning	Online information about legal documents allowing people to plan for possible incapacity to manage personal health and well-being decisions and care: http://www2.gov.bc.ca/gov/content/health/managing-your-health/incapacity-planning http://www.health.gov.bc.ca/library/publications/year/2013/MyVoice-AdvanceCarePlanningGuide.pdf https://www.healthlinkbc.ca/health-feature/advance-care-planning (This page includes the MOST Form)
BC211 http://www.bc211.ca/help-lines/	211 is a confidential, multilingual telephone and texting service available in Metro Vancouver, Fraser Valley, Squamish-Lillooet and Sunshine Coast Regional Districts. 211 provides free information and referral to a full range of community, social, and government services, and operates 24 hours a day, 7 days a week. The website provides information on helplines available in BC for services such as: • Information on and referral to community resources and government services • Health needs for victims of violence and human trafficking • Addiction • Shelter and Street help
British Columbia Integrated Youth Services Initiative (BC-IYSI) http://bciysi.ca/	The BC-IYSI is a provincial movement of community agencies, government, donors, young Currently people and families coming together to transform systems., the BC-IYSI involves over 70 partnerships across the province dedicated to empowering young people. Changing the way young people access health and social services across British Columbia. Young people experience higher rates of mental illness and substance use than any other age group, and may face challenges in accessing the services they need to improve their wellbeing. By bringing together core services and supports, the BC-IYSI will support youth aged 12-24 and their families with easy access to care. Whether a young person needs support for anxiety or depression, wants to see a family doctor or is struggling with a stressful situation, the centre will help them get the services they need. Working with partners, we will establish a branded network of "one-stop shop" youth centres, including the prototype site at the Granville Youth Health Centre. These centres will offer health, counselling, mental health, substance use and social supports, as well as youth and family support and navigation. We will also work with partners to help integrate and build on existing provincial online and telephone resources to strengthen a network of care for young British Columbians and

	their families, regardless of where they live.
Drug Cocktails http://www.drugcocktails.ca/	The Drug Cocktails website – "Facts for Youth about mixing Medicine, Booze and Street Drugs" (the "Site") has been developed as a resource for youth and staff within Children's & Women's Health Centre of British Columbia Branch (C&W) for Provincial Health Services Authority and its branch agencies (PHSA)(C&W and PHSA together the "Societies"). There are support systems at the Societies which may not exist in other clinical settings and therefore adoption or use of this manual is not the responsibility of the Societies. Agencies other than the Societies should use Cocktails as a guideline for reference purposes only. The contents of this website were current at the time of development in July 2013. The Societies are not responsible for information that has changed after that time, whether incorporated into the Site or not.
HealthLinkBC http://www.healthlinkbc.ca/servicesresources/811/	HealthLink BC, which is part of the Ministry of Health, provides access to non-emergency health information and advice in British Columbia, a website (visit https://www.healthlinkbc.ca/), a mobile app, and a collection of print resources. 8.1.1 is a free-of-charge provincial health information and advice line. By calling 8.1.1, individuals can speak to a health services navigator, who can help them find health information and services (including information about mental health services) or connect them directly with a registered nurse, a registered dietitian or a pharmacist. Any one of these healthcare professionals will help individuals get the information they need to manage their health concerns, or those of their family. Call 8.1.1 toll-free in BC (or 7.1.1 for hearing-impaired assistance) to speak with a health service navigator, registered nurse, registered dietitian or pharmacist. Translation services are available in over 130 languages. After dialing 8.1.1 individuals will be connected with an English speaking health services navigator. To get service in another language, simply state the language they are looking for (example say "Punjabi") and an interpreter will join the call.
Interim Federal Health Program (IFHP) http://www.cic.gc.ca/english/refugees/outside/summary-ifhp.asp	The Interim Federal Health Program (IFHP) provides limited, temporary coverage of health-care benefits to people in the following groups who aren't eligible for provincial or territorial (PT) health insurance: • Protected persons, including resettled refugees; • Refugee claimants; and • Certain other groups. The IFHP does not cover the cost of health-care services or products that a person may claim (even in part) under a public or private health insurance plan. The IFHP does not coordinate benefits with other insurance plans/programs so co-payments aren't possible.

Non-insured health benefits for First Nations and Inuit (NIHB) http://healthycanadians.gc.ca/health-system-systeme-sante/services/non-insured-health-benefits-services-sante-non-assures/index-eng.php	A federal program providing health coverage for a specified range of medically necessary items and services that are not covered by other plans and programs (http://www.hc-sc.gc.ca/fniah-spnia/nihb-ssna/benefit-prestation/gener-qa-qr-eng.php) Services covered include: • Dental care • Vision care • Medical supplies/equipment • Drugs/pharmaceuticals • Mental health counseling • Transportation related to accessing medical services
Poverty Intervention Tool https://divisionsbc.ca/CMSMedia/WebPageRevisions/PageRev-9106/BC-Poverty-2015-Final.pdf	This document has useful intervention resources and includes helpful links for both patients and practitioners.
Pride Education Networks http://pridenet.ca/	Pride Education Networks is a group of educators and advocates, regardless of sexual orientation/expression, who value the importance of a safe, respectful and inclusive learning environment for all. The group is made up of teachers, counsellors, support staff, child care workers, special education assistants, and community & youth workers in the school system. As well as parents, college/university professors, pre-service teachers, retired educators, school administrators and school board trustees. **Community Groups and Services for LGBT Youth in BC** http://pridenet.ca/wp-content/uploads/community-groups-and-services.pdf
Rapid Access to Consultative Expertise (RACE) http://www.raceconnect.ca/	RACE is an innovative model of shared care involving a telephone advice line where family physicians can call one phone number and choose from a selection of specialty services for real-time telephone advice. In the Rapid Access to Consultative Expertise (RACE) model, the telephone call is routed directly to the specialists cell phone or pager for "just in time" advice. For information about availability of services, visit the website. For a list of specialty areas, see: http://www.raceconnect.ca/services-available/
Sex and U http://www.sexandu.ca/	SexandU.ca takes a real-life approach to the questions and issues around sex and sexuality that matter most to Canadians. From talking about sex, to lifestyle choices, to contraception awareness and sexually transmitted infections, SexandU.ca provides accurate, credible, and up-to-date information and

	education on topics related to sexual and reproductive health. SexandU.ca is an initiative of the Society of Obstetricians and Gynaecologists of Canada, Canada's leading authority on sexual and reproductive health.
Transgender Health Information (THiP) http://transhealth.phsa.ca/support/bc-support-groups	**BC Support Groups** Website includes a list of support groups that the THiP has been made aware of, however, THiP is unable to endorse groups that they are not directly involved in delivering. Recommend contacting the organization or facilitator prior to attending to ensure that the group is happening as scheduled.

Back to Top

Mental Health

Adult Mental Health and Substance Use Services (BC Health Authorities)	**Vancouver Island Health Authority** http://www.viha.ca/mhas/
BC Mental Health and Substance Use Services (BCMHSUS) http://www.bcmhsus.ca/	BC Mental Health & Substance Use Services (BCMHSUS), an agency of the Provincial Health Services Authority (PHSA), provides a diverse range of specialized and one-of-a-kind tertiary mental health and substance use services for young people and adults across the province. An overarching goal is to work with the Regional Health Authorities and other key stakeholders to ensure that everyone in British Columbia has access to the specialized mental health services they need, when they need them, regardless of where they live. In addition to delivering these clinical services, BCMHSUS provides provincial leadership for system-wide improvement through its work in: health promotion and illness prevention; knowledge exchange; and research and academic teaching. Recognizing that people with mental health challenges may also have co- occurring substance use concerns, the assessment and treatment of substance use issues is an integral part of our programs. BC Mental Health & Substance Use Services is responsible for the following provincial specialized mental health & substance use programs: The Forensic Psychiatric Services Commission which includes the Forensic Psychiatric Hospital and 6 regional clinics; • The Burnaby Centre for Mental Health and Addictions; • The Youth and Young Adult Substance Use Treatment Program; • Heartwood Centre for Women; • BC Mental Health and Addictions Research Institute; and, • BC Mental Health & Substance Use Services also provides a governance/oversight role for programs and services; including the Provincial Crisis Lines Network, the Provincial Bounce Back initiative, BC Partners for Mental Health and Addictions information, the Provincial Adult FASD Assessment Program and the BC Psychosis Program. See also information sheet: http://www.phsa.ca/our-services-site/Documents/BC%20Childrens%202015.pdf

BC Pediatric Society - Helpful Resources http://bcpeds.ca/Families/showcontent.aspx?MenuID=1836	An online resource list of organizations offering general information about mental health and helpful mental health resources.
Learning Links https://learninglinksbc.ca/	**Helping BC physicians improve child and adolescent mental health care** Learning Links is a new online resource created to help BC physicians better diagnose, treat and manage children and youth with mental health disorders. Featuring 15 distinct modules, Learning Links addresses anxiety, depression, self-harm, OCD, psychotic disorders and more. A survey of early physician testers showed that the majority felt the modules increased their understanding of mental health and substance use disorders (85%), increased their ability to identify disorders (89%), ability to treat (82%) and confidence in treating (85%). Physicians who complete the modules are eligible for self-directed continuing education credits. Learning Links was created by an expert team led by Dr. Jana Davidson, Psychiatrist-in-Chief at BC Children's Hospital, as part of the CYMHSU Collaborative. Visit https://learninglinksbc.ca/ to view the modules and get started.
Canadian Mental Health Association (CMHA; BC Division) http://www.cmha.bc.ca/	A national charity that helps maintain and improve mental health for all Canadians. Many resources are available for health care professionals and families on the CMHA website http://www.cmha.bc.ca/ , including: **CMHA Wellness Programs** CMHA believes that good mental health is essential to overall health and well-being. Whether individuals are managing a mental illness, supporting someone they care about, or looking to build their own overall health, CMHA can help people build mental health skills and resilience for themselves and their family. **Bounce Back®** A free, evidence-based program designed to help adults experiencing symptoms of mild to moderate depression, low mood, or stress, with or without anxiety. http://www.cmha.bc.ca/programs-services/bounce-back/ **Living Life to the Full** An eight-session, 12-hour mental health promotion course designed to help people deal with low mood, anxiety, stress and everyday life challenges. http://www.cmha.bc.ca/programs-services/living-life-to-the-full/ **Privacy and Information Sharing Resources:** http://www.cmha.bc.ca/documents/privacy-and-information-sharing-resources/

	• Privacy for Parents and Caregivers - Factsheet • Best Practices for Service Providers: Privacy and Information Sharing - Factsheet
Child and Teen Mental Health website, Ministry for Children and Family Development (MCFD) http://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/child-teen-mental-health	A website with a number of helpful resources, including: • A map to find mental health services and intake clinics for children and teens • Suicide prevention resources for children and youth • Suicide prevention information and practical tools for parents, caregivers or professionals • Information about Youth Forensic Psychiatric Services • Additional suggestions for finding mental health services for your child or teen
Child and Youth Special Needs (CYSN) http://www2.gov.bc.ca/gov/content/health/managing-your-health/healthy-women-children/child-behaviour-development/special-needs	Services and funding options may be available for children or teens who have special needs and their families. Here are a few examples: • Social and life skills training for children and teens • Behavioural and other professional support services for children and teens • Respite, counselling, support groups and homemaker services to assist families Children and Youth with Special Needs (CYSN) staff are available to discuss whether these services might be available to you and provide other useful information or support. Website page above contains link on how to contact a local CYSN office.
Early Psychosis Intervention (EPI) www.earlypsychosis.ca	Recognizing the signs and symptoms of psychosis and providing intervention early in the course of illness will improve long term outcomes and recovery. The website provides a collective resource about Early Psychosis Intervention (EPI) services across the province of British Columbia. Contact information is available for each BC EPI Program in five Health Authorities – visit: http://www.earlypsychosis.ca/pages/about/about-epi The Dealing With Psychosis (DWP) Toolkit and other resources can be downloaded from: http://www.earlypsychosis.ca/pages/resources/downloads
FIND Services and Resources Guided Search http://www.healthlinkbc.ca/servicesresources/guidedsearch	The HealthLink BC FIND Services and Resources Directory provides listings for health services offered by the provincial government, provincial health authorities, and non-profit agencies across British Columbia. Individuals can search for walk-in clinics, emergency rooms, hospitals, mental health program, home care programs, pharmacy services, laboratory services, and more. Search by keyword, or try guided search to narrow down search

	results by categories such as mental health. Mental health services include assessment of intake programs, counselling services, crisis intervention programs, and specialty and support programs.
HeretoHelpBC.ca http://www.heretohelp.bc.ca/	HeretoHelp is a website of the BC Partners for Mental Health and Addictions Information. The BC Partners are a group of seven leading provincial mental health and addictions non-profit agencies: AnxietyBC, BC Schizophrenia Society, Centre for Addictions Research of BC, Canadian Mental Health Association's BC Division, FORCE Society for Kids' Mental Health, Family Services of the North Shore's Jessie's Legacy Program and Mood Disorders Association of BC.
Kelty Mental Health Resource Centre http://keltymentalhealth.ca/	The Kelty Mental Health Resource Centre is a provincial resource centre that provides mental health and substance use information, resources, and peer support to children, youth and their families from across BC. The Resource Centre also provides peer support to people of all ages with eating disorders. All services are free of charge, and individuals can reach the Resource Centre staff over the phone, in person, or through email.
mindcheck.ca http://mindcheck.ca/	mindcheck.ca is a youth friendly, interactive website for BC teens and young adults ages 13-25. The site aims to encourage early detection of mental health challenges and connect youth to resources to improve their mental health. The website provides information on early signs and symptoms and confidential screening tools (quizzes) for depression, anxiety, social anxiety, stress, alcohol and drug use, psychosis, body image and eating problems. The quizzes provide feedback with recommendations that are reflective of the results generated. Support includes links to self-care tools and assistance in connecting to support and local professional resources. Families, friends and adults who work with young people can learn how they can provide support. Educational resources are available for teachers to increase their students' awareness and understanding of mental health. The goal of mindcheck.ca is to enable young people to identify mental health challenges early on and to take action to prevent them from becoming more serious.
Pacific Autism Family Centre Society http://pacificautismfamily.com/	Pacific Autism Family Centre (PAFC) is a proposed centre of excellence for individuals with Autism Spectrum Disorder and their families. The PAFC's core purpose is to be a Knowledge Centre: Bringing together state of the art resources for research, information, learning, assessment, treatment and support; and building capacity to address the lifespan needs of individuals with ASD, and their families across BC. Ready, Willing & Able (RWA) is a national partnership between the Canadian Association for Community Living (CACL), the Canadian Autism Spectrum Disorders Alliance (CASDA) to develop a more inclusive workforce across Canada.

	The program is focused on increasing the employment rate of people with Autism Spectrum Disorder (ASD) by engaging employers and raising awareness about the value of hiring people with diverse abilities. For more information about the initiative, see http://readywillingable.ca/ or contact Anjela Godber, Autism Outreach Manager at anjela@pacificautismfamily.com Employment Works is an employment readiness program for individuals with ASD between the ages of 15-29. For further information about this program please see: http://worktopia.ca/
The Institute of Families for Child and Youth Mental Health / F.O.R.C.E. Society for Kids' Mental Health http://www.forcesociety.com/	Parents in Residence (PiR) and Youth in Residence (YiR) in many communities across BC provide peer support, education, resources and coaching to families with children and youth with mental health challenges. Also offer mental health literacy education and work alongside mental health professionals and systems to best understand and meet the mental health needs of families. There are PiRs in communities in every health region in BC. Check the website to see if there is a PiR or YiR in your community. For those without a PiR or YiR in their community, we have PiRs and YiRs with a provincial mandate who work out of the Kelty Mental Health Resource Centre at BC Children's Hospital.

Back to Top

Student Health

University of Victoria Health Services http://www.uvic.ca/services/health/	University Health Services (UHS) provides a full service primary health clinic for students, and coordinates healthy student and campus initiatives. Students are encouraged to use UHS as primary point of health care while at UVic. UHS is located at the Petersen Health Centre.

Back to Top

Transition

AgedOut.Com https://agedout.com/	• AgedOut.com is for youth and young adults who are or have been in government care in BC • AgedOut.com provides interactive information about services and supports along with valuable life lessons • Youth and Young Adults and earn while they learn. The more you learn the more you earn with real world perks • AgedOut.com delivers a single point of access for former youth in care to find resources that meet their needs and connect with online and in-person support • It is based on the latest interactive technology and has the potential for expansion for key partners and other Ministry partners to add Quests and information to this platform • AgedOut.com provides an up-to-date access of services available in British Columbia, instrumental life skills training, and signposts to emergency assistance • Delivers life skills curriculum in a way that meets a variety of learning needs
Canuck Place Children's Hospice – Youth Transition Program https://www.canuckplace.org/about-us/	Canuck Place Children's Hospice is BC's pediatric palliative care provider for children with life threatening illnesses and their families. The document Canuck Place – Youth Transition Program provides a comprehensive list of links to transitional resources for families to contact, including: housing and living, health, wellness and sexuality, social activities, assistive technology and many more. See: https://www.canuckplace.org/resources/
Community Living British Columbia (CLBC) – Youth in Transition http://www.communitylivingbc.ca/individuals-families/support-for-adults/youth-in-transition/	CLBC funds supports and services through service agencies for adults with developmental disabilities and their families in BC. CLBC works in collaboration with youth and their families and other government organizations and ministries to support youth transitioning to adulthood. The CLBC website explains a 3-step process for getting services through CLBC, and provides several resources including: • Information Sheet for Families on Youth in Transition • Video interview about transition planning • Eligibility information
ON TRAC Services and Resources http://www.bcchildrens.ca/our-services/support-services/transition-to-adult-care	ON TRAC (Transitioning Responsibly to Adult Care) is a province-wide initiative to support the transition of youth (ages 12-24 years) with chronic health conditions and/or disabilities, and their families, as they prepare to transfer to adult health care services.

	For Health Professionals The ON TRAC webpage for Health Professionals links to: A description of the ON TRAC model http://www.bcchildrens.ca/health-professionals/clinical-resources/transition-to-adult-care Clinical support tools, e.g., Transition Clinical Pathway document, Research Tools http://www.bcchildrens.ca/health-professionals/clinical-resources/transition-to-adult-care/clinical-support-tools Services and resources, i.e., extensive lists of transition services and resources in 19 areas of health needs, including the following: Drugs and alcohol, equipment, home care, managing health, mental health and many more. http://www.bcchildrens.ca/health-professionals/clinical-resources/transition-to-adult-care/services-and-resources **For Families** http://www.bcchildrens.ca/our-services/support-services/transition-to-adult-care/family-toolkit The Family Toolkit for transition was created by and for parents and families. It contains resources to support families as they work with their youth to plan, prepare and transfer into adult health care. From questions about leaving pediatric care, to education, social networking, sexual health resources, and planning for the future, ON TRAC has tips and resources to help families and their youth. **For Youth** http://www.bcchildrens.ca/our-services/support-services/transition-to-adult-care/youth-toolkit The Youth Toolkit for transition was created by and for youth. It contains tools, tips and ideas to help youth ages 12-24 years plan and prepare for adulthood and adult health care.
Pathways https://www.divisionsbc.ca/provincial/home	Pathways is an online resource that facilitates optimal patient referrals. This tool, coordinated by individual Divisions of Family Practice, contains a directory of specialists and speciality clinics with current and pertinent information (e.g., wait times, sub-speciality, language) to enable appropriate referrals. In addition, Pathways contains categorized and searchable physician resources, patient handouts and screening tools, and some communities also list allied health professionals. When specialists (e.g., pediatricians) register their practice profile/parameters on Pathways or a family physician signs

	up for Pathways, they have access to the directory of all physicians listed. For more information, please visit https://www.divisionsbc.ca/provincial/pathways or contact the local Division of Family Practice (https://www.divisionsbc.ca/provincial/home) to inquire if Pathways is available in a community.

Back to Top