

# THE PRESCRIPTION PAD BCPS Update

## BCPS Transitions/Transfer Project: 2 New Resources

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A pilot is now underway to test new BCPS tools that will support Community Pediatricians in the transition and transfer of patients to adult care, including two resources incorporated into the project after BC pediatricians told us how much they were needed.

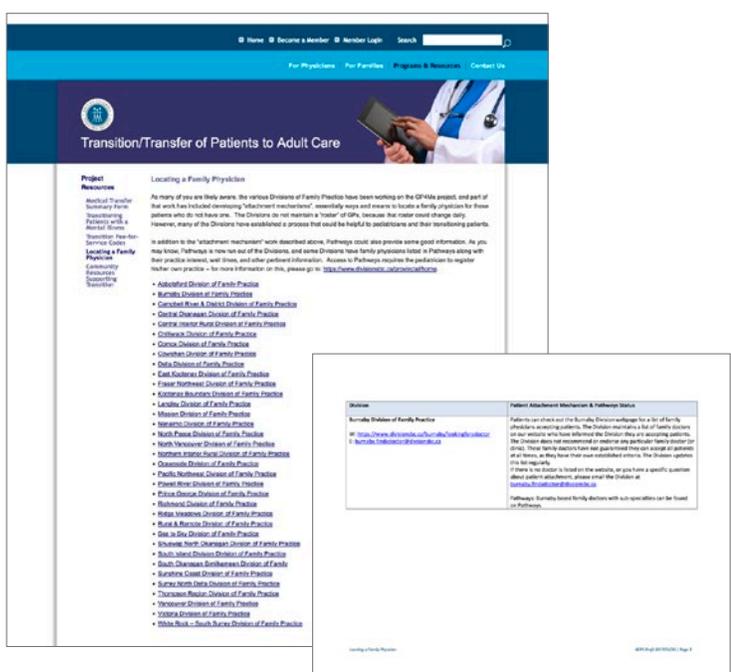
We have heard often from BCPS members during this project that they would like support in identifying which family physicians in their region were taking new patients. They also told us that the families of their patients frequently sought their help to identify additional community resources, and they needed an easy way to find those resources in their region. By the time this project wraps up in summer 2017, Community Pediatricians will be able to access a new section on the BCPS web site that provides support in both those areas.



### Finding a Family Physician

Information on mechanisms for locating a family physician within 35 Divisions of Practice around the province has now been pulled together into a new section on the BCPS web site. The brief summaries on those Divisions with a process in place detail how that Division currently manages the issue of patients without family doctors, and provides relevant contact information for followup in regions where it's available. Unfortunately, not all Divisions have the capability as yet to be able to match patients to a family physician. Having this information in one place is an important first step in supporting pediatricians in identifying options in their region.

Divisions are distinct in terms of the supports each has available for locating physicians taking patients. The Abbotsford Division, for instance, has a youth health centre up to the age of 24, and provides medical care three days a week while also working to help patients find a family physician. In North Vancouver, where some 8,600 residents are actively seeking a family physician, that region's Division has a "GP Link" service, and surveys members quarterly to identify those accepting new patients.



Many thanks to everyone who has contributed and participated in this project. We heard from 40 pediatricians just at the fall consultations, and others are involved in the pilot that's now underway. Watch for future updates in coming newsletters.

*"Transitioning Patients from Community Pediatricians into Adult Care" is a project supported by the Specialist Services Committee (SSC) a partnership of Doctors of BC and the BC government.*

Sample of Finding a Physician Resource for Burnaby, BC

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## Community Resources

The new Transition/Transfer section on the BCPS web site will also feature a listing of community services broken down by health region and categorized in the following subjects:

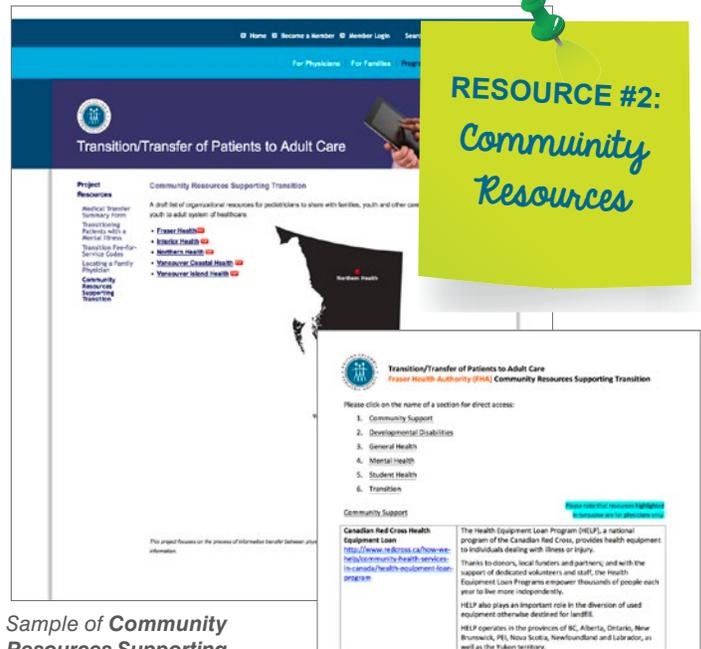
- Community Support;
- Developmental Disabilities;
- General Health;
- Mental Health;
- Student Health;
- Transition.

Once the new tools are live, pediatricians will be able to click on “Community Resources Supporting Transition” and find services in that region organized by subject and listed alphabetically.

Some great community resources have been identified through this project, some still new enough that they’re not well-known around the province. One such example is [STADD](#) (Services to Adults with Developmental Disabilities).

STADD provides “navigators” to eligible individuals and families to help them access support from interdisciplinary teams set up to serve adults with developmental disabilities. The resource is a partnership among schools and school districts, the Ministry of Children and Family Development (MCFD), Community Living BC (CLBC), WorkBC Employment Service Centres, the Ministry of Social Development and Social Innovation (SDSI), health authorities, the Public Guardian and Trustee and various community organizations. The program is available in only a few regions at the moment, but expansion is underway.

The BCPS community resource list also includes information about mental-health supports such as Kelty Mental Health Resource Centre and MindCheck, both available throughout the province.



Sample of **Community Resources Supporting Transition** for the Fraser Health Authority

- Kelty ([keltymentalhealth.ca](http://keltymentalhealth.ca)) is a free provincial resource centre providing mental health and substance use information and peer support to BC children, youth and their families, as well as peer support to people of all ages with eating disorders.
- MindCheck ([mindcheck.ca](http://mindcheck.ca)) is a youth-friendly, interactive website for young British Columbians ages 13-25 that strives to help them detect their own mental health challenges early on and connect to appropriate resources.

And those are just a few of the many community resources that have been gathered for this project.

Watch for the release of the BCPS Transition/Transfer website and resources in summer 2017.